

Radiation Protection Plan

Environmental Health & Safety

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1.0 Purpose

This Radiation Protection Plan (the plan) establishes safe conditions for users of radiation sources, as well as bystanders, the facility and the environment.

As mandated in the [Nevada Administrative Code, Chapter 459 'Hazardous Materials.'](#) this plan addresses administrative, engineering and procedural controls to minimize the employee's, student's, and members of the public's exposure to radiation.

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4.0 Mission Statement

The College of Southern Nevada (CSN) is totally committed to the personal safety, health and well-being of all members of the college. It is the intention of Environmental Health & Safety (EH&S) that all employees, students, and visitors work and learn in an environment devoid, to the fullest extent feasible, of safety and health hazards.

It is our goal to provide timely and relevant information and responsible management, including safety and environmental health training, to enable individuals to perform their work safely.

This mission applies to all sites owned and operated by CSN.

CSN recognizes that the health and wellness of our employees and students is our most valuable asset.

5.0 Nevada State Regulations

[The Nevada State Health Division, Radiological Health Section](#) is the controlling authority for the safe use and operation of radiation sources. Regulations are outlined in the [Nevada Administrative Code, Chapter 459](#). A copy of these regulations can be obtained online, at local libraries and in Environmental Health and Safety offices.

6.0 Persons Affected

Employees who have educational and occupational exposure to radiation in the following areas

- 6.1 Dental Faculty Practice; dentists, dental assistants, dental hygienists
- 6.2 Dental Assisting educational program; faculty who teach radiographic technique in simulation labs or in the clinic setting, or supervise such activities
- 6.3 Dental Hygiene educational program; faculty who teach radiographic technique in simulation labs or in the clinic setting, or supervise such activities
- 6.4 Veterinary Technician educational program; faculty who teach radiographic technique in simulation labs or in the clinic setting, or supervise such activities
- 6.5 Radiation Therapy educational program; faculty who teach radiographic technique in simulation labs or in the clinic setting, or supervise such activities
- 6.6 Students who expose radiographs in a simulation lab or in a clinical setting in the following programs Radiation Therapy actually uses radiation for Therapeutic uses, not to expose radiographs. We ‘treat’ patients with high energy linear accelerators in a therapeutic not diagnostic mode.
 - 6.6.1 Dental Assisting
 - 6.6.2 Dental Hygiene
 - 6.6.3 Veterinary Technician

6.6.4 Radiation Therapy

6.7 Laboratory technicians who work in the vicinity of radiation sources.

6.8 Persons authorized to operate the electron microscope

6.9 Supervisor of employees and students in the above mentioned areas

7.0 Policy on Radiation Exposure

It is the policy of CSN that programs, where there is potential for occupational or educational exposure to radiation follow these recommendations and guidelines to reduce radiation exposure levels to employees, students, and members of the public as much as possible.

8.0 Background

Radionuclides used in education, medicine, industry and research are valuable assets, which can benefit mankind if properly used. They can, however, present hazards because of their ability to irradiate and contaminate mankind and the environment. As a consequence, persons who use radiation sources must understand the various types of radiation hazards and adhere to regulations and standard practices designed to insure their safe use.

This plan describes the applicable regulations, policies, and procedures on which CSN's radiation safety program is based. Legally binding federal and state regulations require the maintenance of certain records and the fulfillment of certain obligations by all authorized users. Failure to meet these legal requirements will place CSN's licenses and registrations in jeopardy, and failure to comply with established policies and procedures could compromise radiation safety.

CSN is committed to maintaining personnel exposures and releases of radioactive materials in effluents to unrestricted areas as low as is reasonably achievable (ALARA). Each individual who is authorized to operate sources of radiation shall provide appropriate ALARA instructions to all individuals who work with or in the vicinity of radiation. The CSN ALARA philosophy is specifically delineated in APPENDIX A.

The State Radiological Health Section in accordance with the provisions of NAC 459.010 through 459.794 regulates radiation sources at CSN, and has specified its own rules and regulations for the control of radiation producing devices (RPDs). CSN as licensee for the possession and use of radiation sources under the academic (01) license or the service (02) license recognizes its responsibility to establish appropriate policies and procedures for the safe use of radiation sources. To this end, Environmental Health and Safety will be responsible for developing and implementing such policies and procedures. The Director of Environmental Health and Safety is responsible for all matters of radiation safety.

This Radiation Safety Plan describes the organization and responsibilities of CSN's comprehensive radiation safety program. The plan was prepared to be consistent with all applicable federal and state regulations.

Compliance with licensure requirements does not in itself insure a safe program; additional policies and procedures have been specified in this Manual to enhance the Radiation Protection Program. Any additions or modifications to this plan remain the responsibility of the Director of Environmental Health and Safety.

9.0 Definitions

- 9.1 ALARA – As Low As Reasonably Achievable – The principle of reducing the radiation dose of exposed persons to levels as low as is reasonably achievable, economic and social factors being taken into account
- 9.2 Authorized department - The specific educational department where employees and/or students are authorized to use radiation sources on CSN property and/or at community partner clinical sites
- 9.3 Authorized user - An employee or students who has been authorized to use radiation sources
- 9.4 Declare pregnant woman – A woman who is also a radiation worker and has voluntarily informed her employer, in writing, of her pregnancy and the estimated date of conception
- 9.5 Digital radiography – A diagnostic procedure using an appropriate radiation source and imaging system that collects, processes, stores, recalls and presents image information in a digital array rather than on film.
- 9.6 Dose – A specific quantity or amount of radiation deposited into the tissues
- 9.7 Dose equivalent - The product of absorbed dose in tissue multiplied by a quality factor, and then sometimes multiplied by other necessary modifying factors, to account for the potential for a biological effect resulting from the absorbed dose. It is expressed numerically in rems (traditional units) or Sievert (SI units).
- 9.8 Dose Limit (annual) – The maximum effective dose an individual may be permitted in any year from a given category of sources
- 9.9 Dosimeter – A small portable instrument (such as a film badge) for measuring and recording the total accumulated dose of ionizing radiation.
- 9.10 Dosimetry – The science or technique of determining radiation dose
- 9.11 Electron microscope – Also known as Scanning Electron Microscope (SEM). A scientific instrument that uses a beam of highly energetic electrons to examine objects on a very fine scale
- 9.12 Exposure – A general term used loosely to express what a person receives as a result of being exposed to ionizing radiation
- 9.13 Filter – material in the useful beam that usually absorbs preferentially the less penetrating radiation
- 9.14 Fluoroscopy – The process of producing a real-time image using x-rays. The machine used for visualization in which the dynamic image appears in real time on a display screen (usually video) is a fluoroscope.

- 9.15 Fog– A darkening of the whole or part of a radiograph by sources other than the radiation of the primary beam in which the film was exposed. Can be due to chemicals in the process solutions, light, or non-primary beam radiation.
- 9.16 Image receptor– A system of deriving a diagnostically usable image from the x-rays transmitted through the patient. (e.g.; film, digital sensor)
- 9.17 Ionizing radiation– Any electromagnetic or particulate radiation capable of producing ions directly or indirectly in its passage through matter. In general, it will refer to gamma rays and x-rays, alpha and beta particles, neutrons, protons, high speed electrons, and other nuclear particles; not sound or radio waves or visible, infrared or ultraviolet light
- 9.18 Lead apron– An apron made with lead, a radiation absorbing material used to reduce radiation exposure
- 9.19 Millirem (mrem)– A unit to measure human dose equivalence as a result of exposure to ionizing radiation. A mrem is 1,000 time smaller than a rem (Roentgen Equivalent Man)
- 9.20 Patient– Person or animal being examined and are receiving the radiation dose.
- 9.21 Protective barrier– A barrier of radiation absorbing material(s) used to reduce radiation exposure
- 9.22 Qualified expert– A medical physicist or medical health-physicist that is competent to design radiation shielding in dental x-ray facilities and to advise regarding other radiation protection needs of dental x-ray installations. The qualified expert is a person who is certified by the American Board of Radiology, American Board of Medical Physicists, American Board of Health Physics, or Canadian College of Physicists in Medicine.
- 9.23 Qualified operator– A person who has been educated in the proper operation of radiation generating devices and who has been given permission to do so by a federal, state or local agency.
- 9.24 Quality assurance– The mechanisms to ensure continuously optimal functioning of both technical and operational aspects of radiologic procedures to produce maximal diagnostic information while minimizing patient radiation exposure.
- 9.25 Radiation– Electromagnetic radiation (x or gamma rays) or particulate radiation capable of producing ions by direct or secondary processes in passage through matter.
- 9.26 Radiation producing device– Any device capable of producing ionizing radiation when the associated control devices are operated (e.g., x-ray machines but excluding devices which produce radiation only by the use of radioactive materials)
- 9.27 Radiation protection survey– Evaluation of the radiation protection in and around an installation that includes radiation measurements, inspections, evaluations and recommendations
- 9.28 Radiation Safety Officer (RSO)– The person responsible for implementing the radiation safety program.

- 9.29 Radiation source – A radiation producing device, or other device capable of emitting ionizing radiation and is subject to the provisions of this plan. Ionizing radiation is any particulate or electromagnetic radiation capable of producing biological damage
- 9.30 Radiography – the production of images on film or other record by the action of x-rays transmitted through the patient
- 9.31 Rare earth – Commonly used to refer to intensifying screens that contain one or more of the rare-earth elements and that make use of the absorption and conversion features of these elements in x-ray imaging
- 9.32 Roentgen Equivalent Man (rem) – The unit used to express human dose equivalency as a result of exposure to ionizing radiation. Historically a rem was a unit by which radiation was measured and referred to relatively large quantities of x-ray energy
- 9.33 Roentgen (R) – A unit by which radiation is measured and refers to relatively large quantities of x-ray energy
- 9.34 Safelight – Special lighting used in a darkroom that permits the operator to work in the dark without producing film fog during various stages of film processing
- 9.35 Shall – Indicates a recommendation that is necessary to meet the currently accepted standards of radiation protection
- 9.36 Should – Indicates an advisory recommendation that is to be applied when practicable or practical. (e.g., cost effective)
- 9.37 Sievert (Sv) – The new international system (SI) unit for dose equivalent equal to 1 Joule/kilogram. The Sievert has replaced the rem. One Sievert is equivalent to 100 rem or 100,000 mrem.
- 9.38 Speed (film speed) – As applied to an image receptor, an index of the relative exposure required to produce an image of acceptable quality; faster image receptors need less exposure
- 9.39 Useful beam – The radiation that passes through the opening in the positioning indicating device that is used for imaging
- 9.40 X-rays – Penetrating electromagnetic radiation having a range of wavelengths (energies) that are similar to those of gamma photons. X rays are usually produced by excitation of the electron field around certain nuclei. Although once formed, there is no difference in x rays and gamma photons; however, there is a difference in their origin. X rays are produced by shifts in the electrons between the rings outside the nucleus of an atom whereas gamma photons are produced by reactions within the nucleus of an atom

10.0 Responsibilities

Although overall responsibility of radiation safety rests with the college, basic responsibilities for the protection of life and property must remain with the authorized user of the radiation source or radiation producing device. The following are lists describing the responsibilities of various groups and individuals.

- 10.1 Authorized Department – Each authorized department shall:

- 10.1.1 Ensure the equipment is used correctly and only by competent personnel.
- 10.1.2 Establish safe operating procedures for the equipment and ensure operating personnel are adequately instructed in them.
- 10.1.3 Prescribe rules of radiation safety and ensure operating personnel are made aware of them.
- 10.1.4 Post the notice titled '*Notice to Employees*' from the State of Nevada, Division of Health where it can readily be read by employees. (e.g.; lunchroom).
- 10.1.5 Have information contained in NAC 459.010 – 459.950 readily available to every employee in the form of a hard copy or an internet address.
- 10.1.6 Post notices in full view of patients advising disclosure of pregnancy prior to taking x-rays. Bilingual signs are recommended.
- 10.1.7 Verbally advise female patients of reproductive age to disclose pregnancy prior to taking x-rays.
- 10.1.8 Ensure all authorized users wear a personal monitoring device (dosimeters) during radiological procedures or when occupational exposure is likely.
- 10.1.9 Arrange for monitoring radiation exposure via an appropriate monitoring service. Assign monitoring devices to authorized users and send devices to monitoring service for assessment and reporting.
- 10.1.10 Provide or arrange for annual radiation safety training for all department employees who have occupational exposure to radiation.
- 10.1.11 Provide EH&S a roster of attendees to authorized department's annual radiation training.
- 10.1.12 Maintain in authorized department personnel files, copies of signed '*Radiation Safety - Acknowledgement of Training Received*' form for each employee.
- 10.1.13 Ensure the equipment is maintained properly and functions correctly and that maintenance is performed by competent personnel.
- 10.1.14 Arrange for annual (or more often as indicated) calibration of machinery used by the authorized department and owned by CSN.
- 10.1.15 Provide budgetary support for repairs and maintenance of radiation equipment used by the authorized department and owned by CSN.
- 10.1.16 Notify EH&S when repairs or maintenance is needed and/or scheduled for equipment owned by CSN.
- 10.1.17 Notify EH&S if equipment will be moved, discarded or replaced.
- 10.1.18 Provide EH&S a copy of final report following repairs or maintenance, movement or removal.

10.1.19 Notify EH&S when installation of new equipment is being planned.

10.1.20 Costs incurred from repair or maintenance of radiation equipment.

10.2 Supervisors

Supervisors of persons using radiation sources at CSN are responsible for the safe use of the radiation source(s) and STRICT compliance with the contents of the Radiation Safety Plan and the provisions and requirements of NAC 459.

Supervisors shall:

10.2.1 Assure all persons with radiation exposure under his/her supervision has received proper training and are aware of the radiation hazards associated with their activities.

10.2.2 Ensure all persons with radiation exposure observe the guidelines and procedures set forth in this plan.

10.3 Environmental Health & Safety shall:

10.3.1 Ensure that all components necessary for the radiation safety program are implemented. Based on the users of radiation producing equipment, these could include providing, developing and conducting periodic inspections of personal monitoring, safety procedures, radiation surveys, material and equipment labeling, posting of necessary warning signs, radioactive-source security, waste disposal and emergency-response procedures.

10.3.2 In consultation with authorized departments and authorized users, develop, review and update this plan.

10.3.3 Publish this plan on EH&S webpages of the CSN website.

10.3.4 At least annually, conduct a review of the contents and implementation of this plan to determine whether the content and scope of the plan is adequate to support the purpose of the Radiation Protection Program.

10.3.5 Document the annual review.

10.3.6 Serve as liaison with Nevada State Health Division, Bureau of Health Protection Services and Radiological Health. Relay pertinent information to CSN departments, programs, employees and students.

10.3.7 Determine whether the plan is in constant effective use.

10.3.8 Receive, review, and approve applications from persons/departments wishing to operate the electron microscope.

10.3.9 Inform staff members that sources of radiation can only be brought on campus with administrative approval.

- 10.3.10 Receive and review personnel monitoring records from vendor.
- 10.3.11 Forward copies of all radiation monitoring reports to the appropriate programs/departments. Date of birth and social security numbers will be eliminated from the reports before forwarding.
- 10.3.12 Maintain inventory of radiation sources on campus.
- 10.3.13 Prepare and submit initial registration of radiation sources within 30 days of installation.
- 10.3.14 Submit annual renewal of radiation sources at least 10 days before expiration date.
- 10.3.15 Prepare and submit termination application for unused radiation sources when applicable.
- 10.3.16 Oversee the sale, lease, transfer, loan, disposal, assembly and installation of any sources of radiation.
- 10.3.17 Within 15 days of action, notify the Division of intent to sell, lease, transfer, lend, dispose, assemble, and install any source of radiation.
- 10.3.18 Notify the Division of any changes relating to registrations.
- 10.3.19 Provide budgetary support to pay registration fees for all sources of radiation.
- 10.3.20 Provide budgetary support to pay for personnel monitoring devices as well as periodic and annual exposure surveys.
- 10.3.21 Implement and monitor compliance with the ALARA principle.
- 10.3.22 Oversee the personal monitoring efforts by authorized departments.
- 10.3.23 Investigate reports of radiation exposure limits exceeding ALARA limits.
- 10.3.24 Notify employees and students of exposures exceeding ALARA limits.
- 10.3.25 Provide each employee with a year-end report of radiation exposure received in the previous year.
- 10.3.26 Retain records regarding history of cumulative occupational exposures.
- 10.3.27 Implement and document quality-assurance procedures.
- 10.3.28 Request exposure monitoring records from previous places of employment when such information is provided by the authorized user.

- 10.3.29 Serve on committees that may impact or be impacted by the presence of radiation sources on campus.
- 10.3.30 When requested, assist authorized department in providing or arranging for safety training.
- 10.3.31 Arrange for radiation surveys to evaluate radiological conditions and potential hazards.

11.0 Students or Operators-in-Training

All students, operators-in-training and personnel not experienced in the use of x-ray equipment must work only under the director supervision of a qualified operator. Dose equivalent limits for students and operators-in-training should not be greater than the limits set for members of the public. SEE APPENDIX A.

12.0 Authorization to Expose Radiographs

Radiology examinations must be ordered by a physician, dentist or a veterinarian.

13.0 Exposure Limits

It is CSN's policy to maintain human radiation exposure levels to 'As Low As Reasonably Achievable' (ALARA). SEE APPENDIX A

- 13.1 No individual shall be permitted to receive an occupational effective dose in excess of **5 rems (50 mSv or 5,000 mrem)** annually.
- 13.2 *For a pregnant individual*, the occupational dose shall not exceed **0.5 rems (5 mSv or 500 mrem)** to the embryo or fetus for the entire gestation period, once pregnancy has been declared.
- 13.3 The annual occupational dose limit for **minors** shall not **exceed 10 percent** of the **annual dose limits** specified for **adult workers**.
- 13.4 No numerical value of the individual worker's life-time occupational effective dose shall be limited to **10mSv times the value of his or her age in years**.
- 13.5 No student or operator-in-training shall be permitted to receive an occupational effective dose in excess of **0.1 rem (100 mrem)** annually.
- 13.6 The occupational dose limit allowed in a current year will be reduced by the amount of the occupational dose that the employee received during the year while employed by another person.
- 13.7 The total effective dose equivalent to individual members of the public shall not exceed **0.1 rem (100 mrem)** annually, exclusive of the dose contributions from background radiation, voluntary participation in medical research programs, etc.
- 13.8 Doses received in excess of the annual limits, including those received during accidents or emergencies shall be subtracted from the limits allowed during the individual's lifetime.

14.0 Training

- 14.1 All persons with occupational exposure to radiation shall be trained appropriately in the safe conduct of his/her work.
- 14.2 Knowledgeable faculty in the authorized department or EH&S shall provide or arrange for annual radiation safety training for those employees with occupational exposure to radiation. A method of gauging understanding shall follow training. (e.g., quiz, Q&A game, etc.)
- 14.3 A review of radiation safety shall occur at intervals not to exceed 12 months.
- 14.4 Radiation safety instructions shall comply with NAC 459.784, including but not limited to the following topics
 - 14.4.1 Risks related to exposure to radiation and to other hazards in the workplace
 - 14.4.2 Dose limits
 - 14.4.3 Sources of exposure
 - 14.4.4 Basic protective measures
 - 14.4.5 Security for radiation sources
 - 14.4.6 Warning signs, postings, labeling and alarms
 - 14.4.7 Responsibility of each person
 - 14.4.8 Overall safety in the workplace
 - 14.4.9 Specific facility hazards
 - 14.4.10 Special information for women of reproductive age
 - 14.4.11 Regulatory licensure requirements
 - 14.4.12 Infection control
 - 14.4.13 The ALARA principle
- 14.5 Initial training shall take place at the time of hire before use of any source of radiation.
- 14.6 Individuals shall be given an opportunity to ask questions of the instructor.
- 14.7 Following training, each employee will read and sign an *Acknowledgement of Training Received* form. This form shall be maintained in the person's personnel file in the authorized department.
- 14.8 ALL FEMALE personnel with occupational exposure to radiation shall receive training orally and in printed form satisfying the recommendations of *NRC Regulatory Guide 8.13 Instruction Concerning Prenatal Radiation Exposure*.
- 14.9 Supervisory personnel are also required to receive annual radiation safety training.
- 14.10 Records of radiation training shall be kept in the authorized department. A copy of the attendance roster shall be forwarded to EH&S

15.0 Hazard Communication

Radiation hazards shall be communicated to employees in the following ways.

- 15.1 State of Nevada, Division of Health, '*Notice to Employees*' shall be posted where employees who have occupational exposure to radiation can readily see the notice when going to and from their place of work
- 15.2 The control panel containing the main power switch must bear the warning statement, legible and accessible to view: "WARNING: Hazardous x-radiation is emitted when this equipment is in operation."
- 15.3 The electron microscope shall be labeled with a sign bearing the words "CAUTION RADIATION – This equipment produces radiation when energized."
- 15.4 The '*Instruction Concerning Prenatal Exposure to Radiation*' shall be distributed to each female employee at the time of hire..The notice of understanding must be signed and returned to the authorized department.

16.0 Postings

- 16.1 A current registration certificate must be posted conspicuously in the room containing the source of radiation.
- 16.2 Notice to the public to suggest disclosure of pregnancy prior to having x-rays taken shall be posted in full view of a patient prior to taking x-rays.
- 16.3 In the vicinity of each control panel or an x-ray system a chart shall be provided which specifies for all examinations which are performed by that system a listing of information, including but not limited to the following, for each projection within that examination.
 - 16.3.1 Patient's anatomical size versus technique factors to be utilized
 - 16.3.2 Type of and size of the film or film-screen combination to be used
 - 16.3.3 Source to image receptor distance to be used
 - 16.3.4 Type and location of placement of gonadal shielding to be used

17.0 Dosimetry (film badges)

Dosimetry is a legal record of the dose a person working with radioactive materials may receive while on the job. Film badges must not be loaned to another person or stored in areas where normal radiation levels are above background levels. Individuals are responsible for the condition and use of assigned dosimeters.

- 17.1 The following persons are required to wear a dosimeter while performing the duties of their jobs or participating in clinical educational activities involving radiation; dentists, veterinarians, dental assistants, dental hygienists, veterinary technician students, radiation therapy technology students, dental assisting students, dental hygiene students, clinical assistants, clinical laboratory technicians.

- 17.2 Employees and students requiring personnel dosimetry shall initially complete a form indicating all locations where previous radiation exposures may be occurred.
- 17.3 Personnel monitoring devices will be issued through the authorized department.
- 17.4 Expenses for dosimeters and reporting services shall be supported by EH&S.
- 17.5 Dosimeters shall be worn only by persons to whom they are issued.
- 17.6 The dosimeter should be worn at the anatomical location indicated on the face of the dosimeter with the sensitive side toward the source of radiation
- 17.7 Workers and students who have declared pregnancy shall wear two dosimeters; one at the chin and one at the level of the abdomen
- 17.8 Dosimeters shall not be worn during non-occupational or non-educational activities
- 17.9 Dosimeters shall not be removed from the CSN facility unless a CSN sponsored off campus educational experience indicates a need for radiation monitoring.
- 17.10 When not in use, each monitoring device shall be stored away from sources of exposure. A control device shall be kept in the same location. This control device shall also be shipped with the dosimeters when they are processed.
- 17.11 When protective clothing is worn (i.e., protective apron), the dosimeter shall be worn at the collar outside the apron.
- 17.12 If a fetal monitor is being worn, it shall be worn at abdomen level under any protective clothing (i.e., protective apron).
- 17.13 If a dosimeter is exposed to non-occupational or non-educational activities that may affect the exposure record, the dosimeter should be returned to the authorized department designee with an explanatory note from the wearer. The dosimeter shall be returned to the vendor for exchange without delay. *The authorized department shall inform EH&S without delay.*
- 17.14 Time interval between processing dosimeters shall be determined by the authorized department.
- 17.15 Exposure of a dosimeter to deceptively indicate a dose delivered to a person is prohibited.
- 17.16 Personnel dosimeters shall be processed and evaluated by a vendor that is accredited by the National Voluntary Laboratory Accreditation Program of the National Institute of Standards and Technology that utilizes a process appropriate for the type of radiation for which the individual wearing the dosimeter is monitored.

18.0 Dosimeter Survey Report

- 18.1 Dosimeter survey reports are available on the vendor website via an authorized access code.
- 18.2 EH&S shall download, review and file the reports from the vendor.
- 18.3 EH&S shall send copies of the reports to the authorized department.
- 18.4 The authorized departments shall maintain a file of all reports in a format readily accessible to the authorized user
- 18.5 Each employee shall be advised of the recorded amount of radiation he/she received in one year at the end of the year in which he was monitored.
- 18.6 Personnel exposure data shall be maintained by EH&S.
- 18.7 A person may request in writing a report of his/her radiation exposure history at any time. The report shall be furnished within 30 days after which time the request is made.
- 18.8 EH&S shall maintain a complete file of survey reports.

19.0 Exposure Limits Exceeded

If a positive reading greater than 20% of the recommended dosage is found on a report, EH&S shall contact the authorized department designee and the individual directly and conduct an investigation.

- 19.1 Within 5 working days from the notification that exposure limits were exceeded, the worker/student will be asked to file a report with the RSO describing any condition or activities which may have led to the exposure.
- 19.2 In cooperation with the authorized department, a review of the individual's radiation work procedures will be conducted by the RSO to determine if the exposure was actually to the individual, due to mishandling of the dosimeter or malfunction of the radiation source.
- 19.3 The RSO will work cooperatively with the authorized department to ensure that unsafe practices are discontinued and/or radiation sources are operating correctly.
- 19.4 Occupational doses received in excess of the annual exposure limits mentioned in Appendix A, including doses received during accidents, emergencies and planned special exposures, will be subtracted from the limits for planned special exposures that a person may receive during a current year and during his/her lifetime.

20.0 Suspected Exposure to Excessive Radiation

A dosimeter will be processed immediately if a serious exposure is suspected. Call the RSO immediately if such circumstances arise.

21.0 Prenatal Radiation Exposure

- 21.1 Upon initial hire, a female employee with occupational exposure to radiation shall be provided with a copy of the *NRC Regulatory Guide 8.13, Instructions Concerning Prenatal Exposure* which contains a form letter for voluntarily declaring pregnancy. This regulatory guide is intended to provide information to pregnant women to help them make decisions regarding radiation exposure during pregnancy
- 21.2 Declaration of pregnancy is completely voluntary. If pregnancy is declared it shall be in writing using the form Declaration of Pregnancy included in the *NRC Regulatory Guide 8.13, Instructions Concerning Prenatal Exposure*.
- 21.3 The '*Declaration of Pregnancy*' form shall be kept on file in the authorized user department. A copy of the completed form shall be forwarded to the RSO.
- 21.4 Following declaration of pregnancy, a lower radiation dose limit will apply to the embryo/fetus.
- 21.5 Once a pregnancy has been declared, measures shall be taken to limit the dose to the embryo/fetus to **0.5 rem (5mSv or 500 mrem)** during the entire pregnancy. This is one tenth of the dose an occupational worker may receive in a year.
- 21.6 A declared pregnant woman shall be provided with TWO dosimeters. One shall be worn at the level of the neck and the other at the level of the abdomen.
- 21.7 Records of individual monitoring results shall be received and maintained in by the RSO.
- 21.8 The declared pregnant worker may ask the employer for a job that does not involve exposure to occupational radiation; however the employer is not obligated to provide the declared pregnant worker with a job involving *no* radiation exposure.
- 21.9 Declaration of pregnancy remains in effect until the woman withdraws the declaration in writing or is no longer pregnant.

22.0 Protection of a Human Patient

- 22.1 Though there are no human patient dose limits, the amount of radiation exposure should always be optimized to the minimum amount required to achieve the medical objective of the procedure using ALARA principles and guidelines.
- 22.2 The goal of protection of the human patient shall be to obtain the required clinical information while avoiding unnecessary patient exposure.
- 22.3 For each new or referred human patient, a good faith attempt shall be made to obtain recent, pertinent radiographs from the patient's previous dentist.
- 22.4 Radiographic examinations shall be performed only when indicated by patient history, physical examination or laboratory findings.
- 22.5 For symptomatic patients, radiographic examination shall be limited to those images required for diagnosis and planned treatment (local or comprehensive) of current disease.
- 22.6 For asymptomatic patients, the extent of radiographic examination of new patients, and the frequency and extent for return patients shall be prescribed only when the patient's history and physical findings suggest a reasonable expectation that radiographic examination will produce clinically useful information.
- 22.7 Administrative use of radiation to provide information not related to health of the patient shall not be permitted.
- 22.8 Students shall not be permitted to perform radiographic exposures of patients, other students, or volunteers solely for purposes of their education or licensure.
- 22.9 The fastest available image receptor consistent with the imaging requirements of each specific examination shall be chosen.
- 22.10 Each patient shall be draped with a protective apron of not less than 0.25 mm lead equivalent to cover the gonadal area and the thyroid gland.
- 22.11 Lead aprons and thyroid collars shall be visually inspected for defects at monthly intervals or more frequently if it is warranted.

23.0 Minimum Exposure Techniques

- 23.1 All radiographic examinations shall be performed only on direct prescription of the dentist. Radiographic procedures shall be prescribed only after performing a clinical history and physical examination and determining a reasonable expectation of a diagnostic or health benefit to the patient.
- 23.2 Radiographic exposures shall be performed only by a qualified operator or a student under direct supervision of such personnel.
- 23.3 The fastest and most appropriate film should be used to reduce radiation dosage to the lowest possible level.

- 23.4 The radiation exposure shall be the minimum exposure required to produce images of good diagnostic quality.
- 23.5 The x-ray machine should be operated at the most optimum setting for minimum exposure for the specific discipline
- 23.6 X-ray beams shall be appropriately filtered to remove undesirable rays that do not contribute to the quality of the image.
- 23.7 Collimation shall be used to restrict the beam of x-ray at the area being surveyed.
- 23.8 The radiographic system shall allow a preset radiation exposure to the image receptor.
- 23.9 Timers on an x-ray machine shall be electronic and shall shut the machine off immediately, regardless of timer setting unless pressure is applied continuously on the timer switch throughout the desired exposure.
- 23.10 Each x-ray control must be located to meet the following criteria.
 - 23.10.1 A protective barrier for the operator or allow the operator to stand at least 6 feet from the patient and well away from the useful beam; and allow visual indication observable at or from the operator's protected position whenever x-rays are produced
 - 23.10.2 Provide an audible signal to the operator that indicates the exposure has terminated
- 23.11 Neither the tube housing nor the BID may be hand-held during an exposure.
- 23.12 The x-ray system shall be arranged and operated in such a manner that the useful beam at the patient's skin does not exceed the dimensions mentioned above.
- 23.13 For extraoral dental radiographs, high speed film and rare earth intensifying screens shall be used.
- 23.14 Panoramic x-ray machines shall be capable of operating at exposures appropriate for high-speed (400 or greater) rare-earth screen-film systems or digital image receptors of equivalent or greater speed.
- 23.15 Fluoroscopy shall not be used for static imaging in dental radiography.
- 23.16 For mobile or portable x-ray systems
 - 23.16.1 The exposure switch cord must be at least 6 feet long.
 - 23.16.2 All individuals in the environment shall be protected as members of the public.

- 23.17 Radiographic films shall be developed according to the film manufacturer's instructions, using the time/temperature method and recommended chemistry or its equivalent. Sight or visual developing techniques shall not be used.
- 23.18 Digital imaging shall be adjusted for the minimum patient dose required to provide image quality to meet the purpose of the examination.
- 23.19 Darkroom chemistry and each film processor used in the facility shall be evaluated daily for performance, i.e., constancy of optical density and contrast, and overall quality of the resulting film.
- 23.20 The darkroom shall be kept free from light leaks. Each darkroom shall be evaluated for integrity at initial installation, and then monthly and following change of room lighting or darkroom safelight lamp or filter.
- 23.21 Each type of film used in the facility shall be evaluated for fog and artifacts monthly and each time a new box or batch of film is opened. When excessive fog is identified, the affected box or batch of film shall be discarded or returned to the vendor for replacement.
- 23.22 Screen-film cassettes, including screens, shall be visually evaluated after any accident (such as dropping) for integrity and performance. Tests for screen-film contact should be performed every six months. Any defective items shall be promptly repaired or replaced.
- 23.23 Digital imaging systems shall be adjusted for the minimum patient dose required to provide image quality to meet the purpose of the examination

24.0 Radiation Protection Surveys

A radiation protection survey of a facility is intended to demonstrate not only that the x-ray equipment itself functions properly and according to applicable standards, but also that the equipment is installed and used in a way that maximum radiation safety for operators and others. A radiation protection survey shall be performed under the following circumstances.

- 24.1 At regular intervals required, ordered or recommended by the Nevada State Health Division, Radiologic Health Section.
- 24.2 Following receipt of a dosimeter survey report that exposure limits had been exceeded.
- 24.3 A radiation protection survey shall include
 - 24.3.1 *Investigation* – Collection and examination of information regarding the facility design, including original shielding design, current architectural drawings showing layout and construction of barriers, the type, location and workload of all x-ray equipment and manufacturers documentation concerning radiation protection features and

specification of x-ray equipment and applicable written radiation protection procedures and policies.

- 24.3.2 *Inspection* – A qualified expert personally verifies the presence of the x-ray equipment and integrity of physical safe guards and the adherence of personnel to established procedures.
 - 24.3.3 *Measurements* – Radiation measurements are obtained to evaluate the performance of x-ray equipment to assess typical radiation hazards during routine operation of equipment and to assess adequacy of radiation barriers.
 - 24.3.4 *Evaluation* – The results of the inspection and measurements are converted into a form that can be directly compared with applicable shielding design goals or effective dose limits. The results of this comparison, together with the information obtained during the inspection form the basis for an evaluation of the radiation protection status of the installation and for recommendations regarding remedial action and resurvey after corrective action has been taken.
- 24.4 All new x-ray equipment installations and existing installations not previously surveyed shall have a radiation protection survey performed by or under the direction of a qualified expert.
 - 24.5 Re-surveys shall be performed at least annually thereafter. Each x-ray system and components shall be inspected and maintained at least annually under the direction of a qualified expert.
 - 24.6 A re-survey shall be made after any change in the installation, workload, or operating conditions that might significantly increase occupational or public exposure, including x-ray machine service or repair that could affect the x-ray machine output or performance.

25.0 Records of Prior Occupational Exposure

- 25.1 EH&S shall attempt to obtain the records of the lifetime accumulative occupational dose received by the employee.
 - 25.1.1 Acceptable as a record of the occupational dose that the person received during the current year, is a signed written statement from the person or from his most recent employer for work involving exposure to radiation, that discloses the nature and the amount of any occupational dose that the person received during the current year OR
 - 25.1.2 Acceptable as a record of lifetime cumulative dose received by a person, is a current form regarding the dose equivalent of a person from his most recent employer for work involving exposure to radiation.

- 25.1.3 EH&S shall record the history of cumulative occupational exposure of each person on a form. Must be signed by the employee for periods for which there are not reports a notation shall be placed on the form indicating the period for which data on history of cumulative occupational dose is not available.
- 25.1.4 If a complete record of the current and previously accumulated occupational dose is not available, assume the allowable limits for the person are reduced by 1.25 rems for each quarter for which records are unavailable and the person was engaged in activities that could have resulted in occupational exposures.
- 25.1.5 The occupational dose that an authorized user is allowed to receive in a current year will be reduced by the amount of the occupational dose that user received during the year while employed by another person.
- 25.1.6 EH&S shall retain the records regarding history of cumulative occupational exposure until the Division terminates each license or registration requiring the records.

26.0 Educational Use of Radiation

- 26.1 Any student operating an x-ray machine must be under the direct supervision of an authorized user. An authorized user must be within proximity to assure the student user is following all appropriate safety procedures.
- 26.2 Each student operating an x-ray machine shall be instructed in the following topics prior to beginning work with each machine.
 - 26.2.1 Use of time, distance, positioning and shielding to keep exposure to radiation ALARA.
 - 26.2.2 Knowledge of the radiographic facilities and the nature of the x-ray beam and scattered radiation.
 - 26.2.3 Regulations of the Nevada Health Division that apply to the use of x-rays in his/her specific discipline.
 - 26.2.4 Proper use of personnel monitoring devices.
 - 26.2.5 The possible health risks to children of women who are exposed to radiation during pregnancy and other reproductive health issues.
- 26.3 Prior to exposing x-rays, the authorized department shall establish policies and procedures for safe use of radiation and disclose such policies and procedures to students prior to use of x-ray machine.
 - 26.3.1 Use of technique charts to minimize exposure consistent with obtaining the required diagnostic information and image quality.

- 26.3.2 Assure exposures are prescribed by a qualified user.
- 26.3.3 Only students directly supervised by staff instructors are authorized to operate the diagnostic x-ray equipment.
- 26.4 Personal protective equipment appropriate to discipline shall be furnished to staff and students
- 26.5 No member of the general public may enter the restricted area.

27.0 Radiographic Exposures

- 27.1 Except for the patient, only the staff and ancillary personnel required for the procedure or training may be in the room during the radiographic exposure.
- 27.2 Other than the patient being examined
 - 27.2.1 All persons must be positioned so that no part of the body which is not protected by 0.5 mm lead equivalent will be struck by the useful beam.
 - 27.2.2 Staff and ancillary personnel must be protected from the direct scatter radiation by protective aprons or whole body protective barriers of not less than 0.25 mm lead equivalent.
 - 27.2.3 Mechanical film holding devices shall be used when a film or patient requires auxiliary support during radiation exposure.
 - 27.2.4 Occupational-exposed personnel shall not restrain uncooperative patients or hold the image receptor in place during an x-ray exposure. Members of the public who restrain patients or hold receptors during exposure shall be provided with shielding (e.g., leaded aprons, gloves).

28.0 Electron Microscope

- 28.1 EH&S shall oversee the use, registration, and maintenance of the electron microscope.

29.0 Inventory of Sources of Radiation

In order to maintain proper control of radiation sources and to meet licensure requirements, it is necessary to maintain an accurate inventory. Such an inventory shall be maintained by EH&S and include the following.

- 29.1 Unit registration status
- 29.2 Unit make, model, serial number, unit type, CSN inventory code
- 29.3 Physical location of source; campus, building, room/area number, department user

30.0 Acquisition of Radiation Producing Equipment

Acquisition (whether through purchase or as a gift) of a radiation producing machine, shall be well coordinated with EH&S. The following shall be considered prior to the equipment being purchased or received by an authorized department.

- 30.1 The expense of putting the system into operation (such as replacement of missing or damaged components), required facility modifications (such as electrical and shielding requirements), initial and periodic radiation surveys, maintenance of the device, etc.
- 30.2 Specialty staff required to operate the equipment.
- 30.3 Additional specialty equipment (such as x-ray film processors) needed to support the use of the system
- 30.4 Consideration of potential byproducts of the equipment operation (such as waste disposal.)

31.0 Recordkeeping

- 31.1 Certain records must be maintained permanently and made available to authoritative groups.
- 31.2 The authorized department shall maintain the following records for its respective employees.
 - 31.2.1 Training records, forwarding a copy of the attendance roster to the RSO
 - 31.2.2 Documentation of all female employees who receive the Regulatory Guide *Instruction Concerning Prenatal Exposure*.
 - 31.2.3 Records of declared pregnancy, forwarding a copy of the *Declaration of Pregnancy* form to the RSO.
- 31.3 EH&S shall maintain the following records
 - 31.3.1 Provisions of the program and audits and other review of program content and implementation until the commission terminates a pertinent license requiring the record.
 - 31.3.2 Copies of the Declaration of Pregnancy forms
 - 31.3.3 Copies of the training attendance rosters
 - 31.3.4 Sale, lease, transfer, loan, disposal, assembly and installation of any source of radiation.
 - 31.3.5 Dosimeter survey reports
 - 31.3.6 Inspection reports
 - 31.3.7 Records of results of surveys and calibrations for a period of **3 years after the record is made.**

32.0 Inspections by the Nevada State Health Division

- 32.1 The Nevada State Health Division (The Division), Radiological Health Section shall conduct a site inspection of this facility at least every three years.

- 32.2 All licensed or registered activities are subject to inspection by representatives of the Division
- 32.3 CSN shall make available to the Division for inspection, upon reasonable notice, records maintained pursuant to the Radiation Protection Program.
- 32.4 Division inspectors may consult privately with employees.
- 32.5 EH&S may accompany the Division's inspectors during all phases of the inspection except private meetings with employees.
- 32.6 Scheduled Inspections – The director of EH&S or the RSO shall coordinate and supervise all scheduled inspections by authoritative groups.
- 32.7 Non-scheduled inspections – If an authoritative agency conducts a non-scheduled inspection, the director of EH&S or RSO shall be notified immediately.
- 32.8 Any worker who believes a violation of chapter 459 of NAC has occurred may request an inspection by giving written notice of the alleged violation to the Division.

33.0 Maintenance of Equipment

- 33.1 EH&S shall assist the authorized department in locating an appropriate vendor and arranging for maintenance of x-ray systems.
- 33.2 The authorized department shall notify EH&S if and when non-routine maintenance is indicated.
- 33.3 Maintenance records shall be kept in EH&S and be made available to the Division when indicated.
- 33.4 If an inspection reveals damage to or other problems with an x-ray system, or any component thereof, the x-ray system shall be removed from service until repairs have been made.
- 33.5 Department authorized users are responsible for costs incurred from repair or maintenance of radiation equipment.

34.0 Calibration of X-ray Machines

- 34.1 The authorized department shall notify EH&S in writing when instrument calibration is indicated.
- 34.2 EH&S shall assist the authorized department in locating a vendor and arranging for instrument calibration.
- 34.3 A representative from EH&S may chose to be present when calibration is conducted.
- 34.4 The authorized department shall be responsible for any charges incurred for the calibration.

34.5 Records pertaining to calibration of x-ray equipment shall be retained in EH&S for at least 3 years after the calibration is completed.

35.0 Facilities, New

- 35.1 Prior to the beginning of a design phase, plans to construct or remodel x-ray facilities shall be communicated to EH&S.
- 35.2 When designing or remodeling x-ray facilities, EH&S shall obtain guidance of a qualified expert in the design of dental facilities and establishment of radiation protection policies and procedures.
- 35.3 Facility design, x-ray equipment performance and operating procedures shall be such that no individual exposure exceeds the recommended dose limits.
- 35.4 Personnel responsible for purchase and operation of x-ray equipment shall ensure that such equipment meets or exceeds all federal and local performance standards.

36.0 Quality Assurance

- 36.1 A written protocol for periodic quality assurance shall be developed and implemented.
- 36.2 One staff member shall be responsible for implementing the quality assurance plan daily and for monitoring all exposures, processing and equipment maintenance, and acting as liaison to EH&S.
- 36.3 Periodic assessment of the performance of all parts of the radiologic procedures
 - 36.3.1 X-ray machine performance by a qualified expert
 - 36.3.2 Film processing chemistry and procedures
 - 36.3.3 Image receptor performance characteristics
 - 36.3.4 Darkroom integrity
- 36.4 A log of all quality assurance procedures shall be maintained. The log shall contain dates, procedures, results and any corrective action.

APPENDIX A

The ALARA Philosophy

The College of Southern Nevada is committed to maintaining radiation exposure as low as is reasonably achievable (ALARA). Each individual who operates a source of radiation or works in close proximity to radiation shall be trained in the radiation safety upon initial hire and at least annually thereafter. Each member of the faculty and staff shall follow procedures developed to ensure safety and shall promptly report incidents and potential problems to the Director of Environmental Health and Safety.

The Director of Environmental Health and Safety will encourage all users to review current procedures and recommend additional, modified or new procedures as appropriate to implement the ALARA concept.

Environmental Health and Safety will perform regular review of occupational radiation exposures with particular attention to instances in which investigational levels are exceeded. The principal purpose of this review is to assess trends in occupational exposure as an index of the ALARA program quality and to decide if action is warranted when investigational levels are exceeded.

The Director of Environmental Health and Safety or RSO will evaluate CSN's overall efforts for maintaining doses ALARA on an annual basis. This review will include the efforts of the Director of Environmental Health and Safety, authorized users and workers as well as those of management and determine whether the program content is still adequate to determine whether the program is being used.

Permissible Dose Equivalent Limits

Whole body, blood forming organs, gonads - DDE	(5 Rem/yr)	5,000	Rem/yr
m			
Lens to eye - LDE	(15 Rem/yr)		15,000 n
Extremities and skin – SDE	(50 Rem/yr)		50,000 n
Fetal / entire gestation period	(0.5 Rem)	50	
Minors / year			
Members of the public	(0.1 Rem/year)		100 mRe
Students & operators-in-training			

References

Hazardous Materials [Nevada Administrative Code \(NAC\) 459](#). State of Nevada, 2007.

Instruction Concerning Prenatal Radiation Exposure [NRC Regulatory Guide 8.13](#), United States Nuclear Regulatory Commission, June 1999.

Instruction Concerning Risks from Occupational Radiation Exposure [Regulatory Guide 8.29, Revision 1](#), United States Nuclear Regulatory Commission, February 1996.

Radiation Protection in Educational Institutions Report No. 157, National Council on Radiation Protection & Measure (NCRP), 2007.

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END of Radiation Protection Plan