



CSN Mobile Safety App – COVID-19 Assessment Tool

Daily screening can help in preventing the spread of the coronavirus. This assessment tool will walk you through a series of questions to help you assess your symptoms and possible exposure. Answers do not need to be recorded or submitted. Please review each question and follow the directions for each “YES” or “NO” answer.

Question #1 of 6

Do you have a new cough that you cannot attribute to another health condition?

YES – See instructions below for “YES” answer

NO – Go to Question #2

Question #2 of 6

Do you have new shortness of breath that you cannot attribute to another health condition?

YES – See instructions below for “YES” answer

NO – Go to Question #3

Question #3 of 6

Do you have any two or more of the following symptoms: Fever (100.4 degrees F or higher), chills, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, new loss of taste or smell, nausea, vomiting, or diarrhea?

YES – See instructions below for “YES” answer

NO – Go to Question #4

Question #4 of 6

Have you come into close contact (within 6 feet for about 15 minutes or more) with someone in your home or in the community who has had a laboratory-confirmed COVID-19 diagnosis in the past 14 days?

YES – See instructions below for “YES” answer

NO – Go to Question #5

Question #5 of 6

Are you considered healthcare personnel (HCP)¹?

¹CDC Defines HCP as emergency medical service personnel, nurses, nursing assistants, physicians, technicians, therapists, phlebotomists, pharmacists, students and trainees, and persons not directly involved in patient care, but who could be exposed to infectious agents that can be transmitted in the healthcare setting (e.g., clerical, dietary, environmental services, laundry, security, engineering and facilities management, administrative, billing, volunteer personnel).

YES – Go to Question #6

NO – Assessment Tool Completed!

Question #6 of 6

In the healthcare setting, have you had prolonged close contact (within 6 feet for 15+ minutes OR direct contact with infectious secretions/excretions) with a laboratory confirmed COVID-19 case in the past 14 days, **AND**

- You were NOT wearing a respirator or facemask, **OR**
- You were NOT wearing eye protection and the COVID-19 case was not wearing a facemask or cloth covering, **OR**
- You were NOT wearing the required PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure, **AND**
- You are not fully vaccinated against COVID-19

YES – See instructions below for “YES” answer

NO – Assessment Tool Completed!

If You Answered YES to any of the SYMPTOM or EXPOSURE QUESTIONS:

If you are sick with COVID-19 or think you might have been exposed to COVID-19, follow the steps below to care for yourself and to help protect other people in your home and community.

- Stay home except to get medical care. Do not go to campus or clinical. Contact your supervisor or instructor for alternative arrangements.
- Report possible exposures, illness, or a confirmed COVID-19 diagnosis to Wellness@csn.edu.
- Separate yourself from other people and monitor your symptoms.
- Call ahead before visiting your doctor. Cover your coughs and sneezes.
- Clean your hands often. Avoid sharing personal household items.
- Clean all “high touch” surfaces every day.

Individuals fully vaccinated are generally not required to quarantine after an exposure to COVID-19 unless they become symptomatic. Please consult with Wellness@csn.edu if you have been exposed to a confirmed case of COVID-19.

For more information about COVID-19, please visit the resources below.

- Visit the [CDC Website](#)
- Visit the [SNHD Website](#)
- Visit the [Nevada Health Response Website](#)

Additional steps everyone can take to protect themselves and others by slowing the spread of COVID-19:

- **COVID-19 Vaccination**
 - Being fully vaccinated is the best way to protect yourself against COVID-19 and prevent it from spreading to others, including those who are vulnerable to serious illness.
- **Wash your hands often**
 - Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- **Wear a Face mask or cloth covering**
 - If not fully vaccinated against COVID-19, wear face coverings in public settings.
- **Continue practicing social distancing**
 - Avoid close contact with people who are sick, even inside your home. If possible, maintain 6 feet from other people. Stay out of crowded places and avoid mass gatherings.
- **Cover Coughs and sneezes**
 - Remember to always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash and immediately wash your hands with soap and water for at least 20 seconds.
- **Clean and disinfect frequently touched surfaces daily.**
 - Includes tables, doorknobs, light switches, countertops, desks, phones, keyboards, toilets, faucets, and sinks.