



COVID-19 Symptoms and Testing FAQs

What should I do if I am feeling sick?

If you are feeling sick (even minor symptoms), **please stay home and do not come to campus.** Notify your instructor or supervisor that you will not be on campus that day due to illness.

What are the symptoms of COVID-19?

Fever, Chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, Diarrhea

If I am feeling symptoms of COVID-19, should I get tested?

The CDC recommends the following groups get testing for COVID-19:

- People who have symptoms of COVID-19 **regardless of vaccination status or prior infection.**
- People who have had [close contact](#) (within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period) with someone with confirmed COVID-19.
 - Fully vaccinated people should be tested 3-5 days following a known exposure to someone with COVID-19.
 - People who have tested positive for COVID-19 within the past 3 months and recovered do not need to get tested following an exposure as long as they do not develop new symptoms.
- Unvaccinated people who have taken part in activities that put them at higher risk for COVID-19 such as travel, attending large or mass gatherings, or being in crowded or poorly ventilated indoor settings.
- People who have been asked or referred to get testing by their healthcare provider or the Southern Nevada Health District.

What should I do if I am unsure about getting tested for COVID-19?

If you are unsure about COVID-19 testing or your symptoms, contact your healthcare provider for guidance.

Both the [CDC](#) and [Nevada Health Response](#) websites have helpful COVID-19 screening tools that can also assist in the decision to be tested.

Where can I go for COVID-19 testing?

You can consult with your healthcare provider about testing or obtain a free test from the Southern Nevada Health District (SNHD). SNHD offers testing at several different sites across the valley. For more information on SNHD free community COVID-19 testing and locations, please [see this calendar schedule](#).

SNHD also offers **testing clinics at CSN campuses** Tuesday – Friday 12:00 – 4:00pm. Appointments are required. Please contact wellness@csn.edu for assistance with a priority appointment.

What should I do while I'm waiting for my COVID-19 test results?

Symptomatic individuals should self-quarantine at home pending test results and follow the advice of your healthcare provider. Be sure to contact wellness@csn.edu and keep your case manager updated on your test results.

Asymptomatic individuals who have been exposed to COVID-19 should notify wellness@csn.edu of your pending test and follow the instructions provided by a wellness case manager regarding self-isolation or returning to campus.

What should I do if I test positive?

Please notify CSN Wellness of your positive test results by filling out the [COVID-19 Reporting Form](#) or email wellness@csn.edu. The Wellness Team will assist in determining your quarantine requirements and provide information and resources as necessary.

You should also stay home and separate yourself from other people. Monitor your symptoms and follow the care instructions from your healthcare provider and the Southern Nevada Health District. Wear a mask over your nose and mouth if you must be around other people or animals including pets at home. Cover your coughs and sneezes and wash your hand often. Avoid sharing personal household items and clean all "high-touch" surfaces every day.

What should I do if I test negative?

Continue to stay home while you are not feeling well. Before returning to campus, conduct a health self-assessment. The [CSN Mobile Safety App](#) has a tool to perform this assessment. The app will not record any answers or personal health information. If you are unable to access the app, you can request a pdf copy of the screening questions from EHS@csn.edu. Continue to conduct a self-assessment each day prior to coming to campus.

As a reminder, here are the following situations where CSN asks that Contact the Wellness Team:

- You are experiencing symptoms of COVID-19
 - CSN Wellness advises you to consult with your primary care physician and/or get tested.
- You have been tested for COVID-19 and are awaiting results
 - Notify wellness@csn.edu of pending results. Stay off campus if you are symptomatic.
- You have tested positive for COVID-19
 - Contact the CSN [COVID-19 Reporting Form](#) or wellness@csn.edu for guidance on quarantine and return to campus.
- You have been exposed to a confirmed case of COVID-19
 - Contact the CSN [COVID-19 Reporting Form](#) or wellness@csn.edu for guidance on quarantine, testing and return to campus.